

MEET YOUR TEAM

Training Course
for group leaders

15 - 23

July 2025

Morbello (AL)



PROJECT OVERVIEW

HOW THE IDEA WAS BORN

The idea behind Meet Your Team emerged from our daily experiences working with young people and collaborating with both international and local colleagues from various organizations.

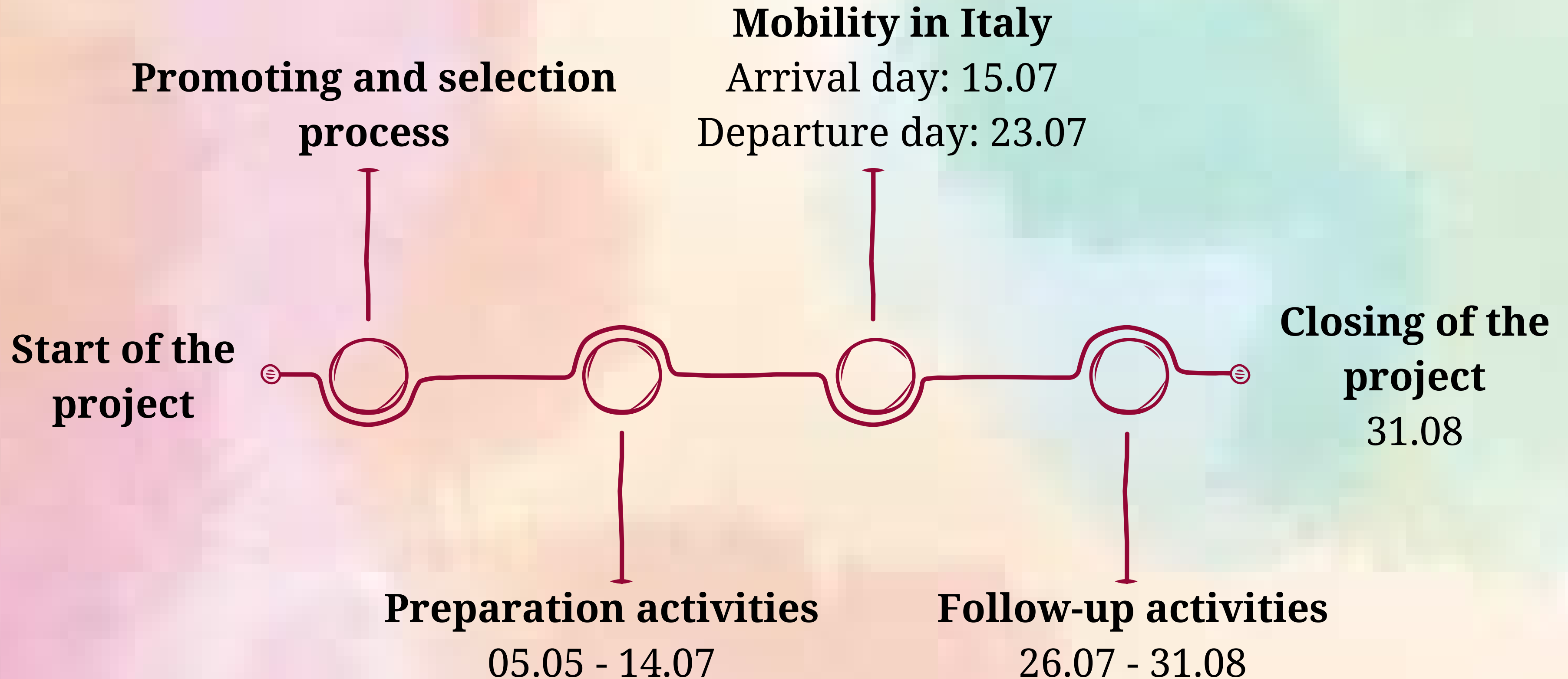
Working with youth presents unique challenges. Youth workers frequently navigate interactions between young participants, internal teams, and international partners. The training course will offer youth workers the opportunity to explore themselves as leaders of a group of young people, learning and experience methods connected with team-building, group analysis, problem solving, empathic communication and sustainable learning.

AIM

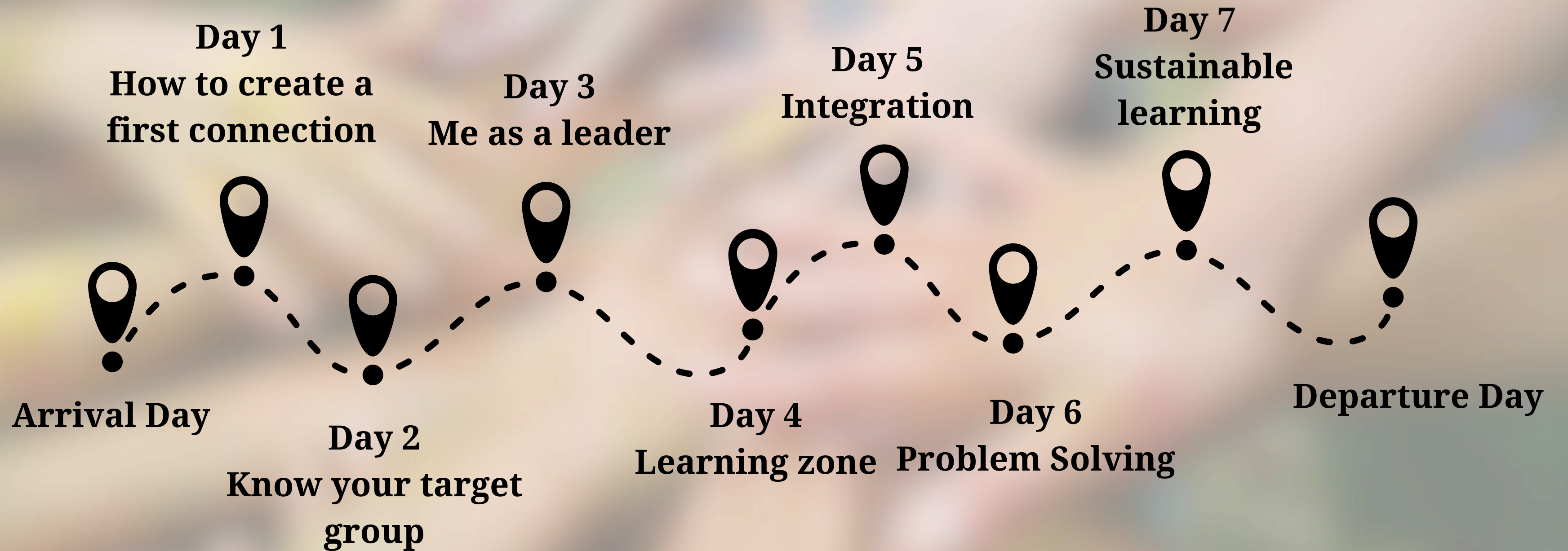
“Meet your Team” aims at providing international youth workers with competences to **become group leaders** of intercultural groups of young people.



ACTIVITY TIMELINE



AGENDA



FOLLOW-UP ACTIVITIES



The organization and implementation of at least **5 local or online events, 1 in each local community** where the participants of the projects are active, that involve **local organizations** in some workshop based on the topic of the project, and in the planning of coordinated actions in cooperation.

Remember, the follow-up activities are an important part of the project!

TEAM



Giacomo is a coordinator, leader, and facilitator with experience in local and international projects, particularly Erasmus+ activities. He has a strong curiosity and adaptability; he has worked with various associations and companies to design and implement impactful initiatives. He is committed finding and shaping the best approach for every moment and in recent years, he has focused on team dynamics.



Arianna has taken part in more than 50 international projects (youth exchanges, training courses, and seminars) in the role of trainer, facilitator, and coordinator. She works as a trainer on the topic of self-connection and communication, and she cooperated in the role of facilitator and trainer in more than 20 international activities. She structured a method to teach English with non-formal learning methods, while developing a thesis with the University of Turin.

VENUE



The venue is located in **Morbello**, a small village in the province of Alessandria. The place is 50 minutes from Alessandria the largest city in the area.

At our disposal, there will be a **huge room activity** and a **large backyard**. The accommodation is close to a **forest** to create a good connection with the nature.

We will be close to the nature, so the **temperature could be low** during the evenings, please, be prepared to face this situation.

We want to bring sustainability into our minds when being there - you will be taking part in light housework such as daily cleaning, dish washing, etc. These tasks are part of a learning process in a group environment.

The cozy rooms will be organized to host 4-6 people and There are shared bathrooms.

We can not ensure that the rooms are divided for gender, so we ask you to be prepared to have **mixed rooms**.

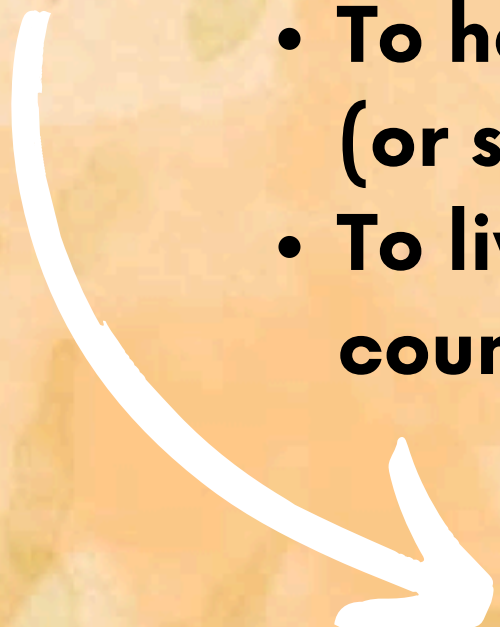
Please, take in consideration that you might not have access to internet connection all the time.



PARTICIPANTS PROFILE

3 participants from each country

- **To be a Youth Worker, a Volunteer or collaborate with an organization**
- **To be between 21 and 30 years old**
- **Motivated to take part in all the phases of the project.**
- **Would like to bring the results in the local community.**
- **To hold the European Health Card (or similar insurance)**
- **To live in one of the partner countries.**

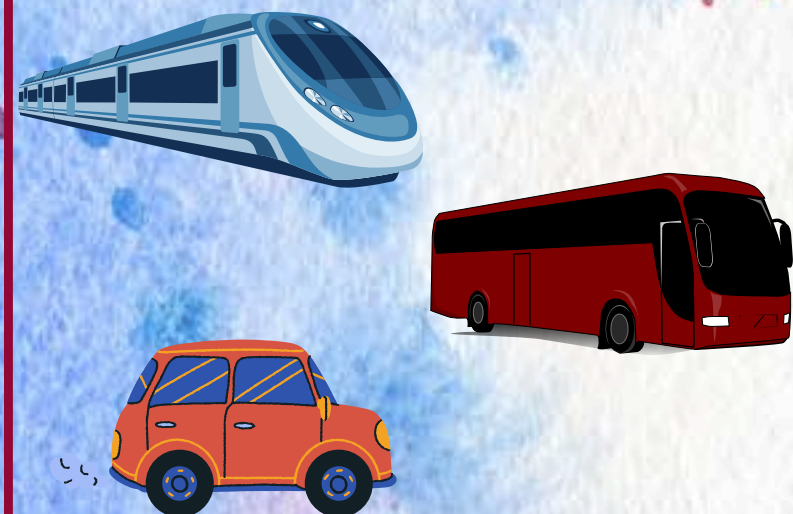


[Apply here](#)



HOW TO GET THERE

GREEN TRAVEL: THE SOLUTION WE SUGGEST!!!!



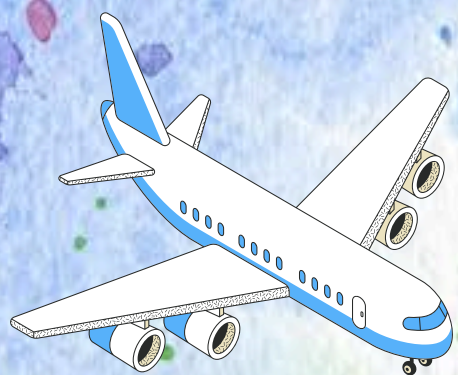
Train / Bus / Carpooling:

Those who choose to travel by train **can evaluate the Interrail for 4 days** - (<https://www.interrail.eu/en/interrail-passes/global-pass>)

Who choose to travel by car have to **share the vehicle with other 2 people**



OTHERWISE



Airplane:

To land in **2 different airports in Milan** -> Malpensa (MXP), or Orio Al Serio (BGY)

Then, **bus from the airport to Milano Centrale train station** ->

https://www.terravision.eu/airport_services.html?noredirect=en_US#

Or, **train from Malpensa to Milano Centrale train station** ->

<https://www.malpensaexpress.it/en/travel-documents/tickets/>

A private bus will pick you up at Milano Centrale train station at 19:30, please arrive there 15 minutes before the departure.

For the return, the bus will pick you at Milano Centrale train station around 9:00 in the morning.

COSTS AND REIMBURSEMENT

The project is co-funded through the Erasmus+ program, **which means that accommodation, food, materials, the program, and travel costs up to the maximum allowed amount are fully covered.**

According to the rules of the Erasmus+ program, if your travel costs are higher than the maximum reimbursable amount, the difference is covered by you.

To be eligible for reimbursement, we ask you to keep all your tickets, boarding passes, and invoices (originals). ONLY if you have the travel tickets, boarding passes, and invoices we can reimburse your travel cost.

The reimbursement is done usually approx. 2 -3 months after the project, once you send us the originals of the tickets and took part in all the phases of the project.

We will only reimburse your travel costs if you participate in the whole training, the follow-up, and the evaluation after the project.

Maximum reimbursement amount

For this training, we have a clear preference: green travel!

This means that instead of flying we can:

- take international trains
- take international buses
- come by car, travelling together with at least 2 other people.

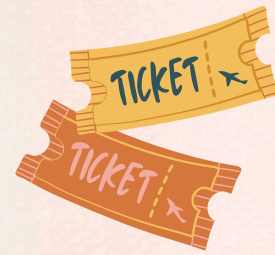
If you choose one of these travel options you have the right to:

- a higher reimbursement
- 4 additional travel days
- paid accomodation and food during the travel

	TRAVEL	GREEN TRAVEL
Italy	No	235
Slovenia	No	365
Czech Republic	255	No
Greece	255	No
Serbia	255	No
Romania	255	No
Cyprus	345	No

TRAVEL DAYS		
NO GREEN TRAVEL		GREEN TRAVEL
14 - 15 July		12 - 15 July
23- 24 July		23- 26 July

Keep your invoices, tickets and boarding passes



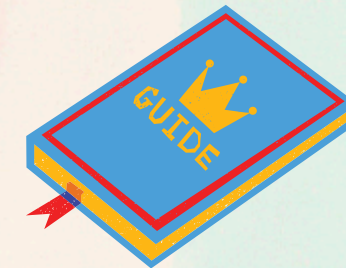
We will require these documents for the reimbursement of your travel costs, without **INVOICES, TICKETS AND BOARDING PASSES** the reimburse will not occur.



Electronic documents are preferred (you don't have to print anything).



We need Boarding Passes of the flights. Be careful because they expire from your phone app after the flight. Screen shots for are valid for BP. Also PDF or physical formats.



TRAVEL RULES:

- 2nd class is mandatory.
- Transfer by Taxi/Uber (or similar) is not eligible for reimbursement unless there is no other option by public transportation.
- Only one baggage per person (besides the backpack) is eligible for reimbursement. Seat allocation is not eligible for reimbursement.
- To get the reimbursement the travel is to be done during the travel days.

What to bring

- **Valid passport or ID card**
- Travel and **health insurance** valid in Italy (we strongly recommend getting an extra travel insurance, not only EU health card)
- **Any medicine** you take on a regular basis
- **Comfortable warm clothes** for indoor and outdoor activities
- Water bottle
- Good **walking shoes** (waterproof)
- Raincoat
- **Towel**
- Hygienic kit



Partners



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YOUTH CONNECT

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About YOUTH Connect



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YOUTH Connect is a non-profit youth association that promotes, and organises local, international and online activities addressed to youth.

The vision is identified as "youth connection": connection with oneself, with other young people, with associations, with institutions, with experts, with national and international communities, with the world. YC members firmly believe in the opportunities for realizing this vision using a peer-to-peer approach and non-formal education, which are the basis of the methods used during the association's activities.

Three principles inspire the organization:

- Connections: discovering connections between individuals, groups, organizations and communities, improving communication and analysing and resolving conflicts.
- Contact: establishing contact between young people and organizations, in order to achieve the same goals.
- Change: little changes help the change of the world.