



# Traditional and innovative mechanisms and forms of youth participation in public life, both online and offline



**Nabeul, Tunisia**  
**18 – 27 June 2026**



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the European Union**

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# Introduction

Thanks to the European Commission's Erasmus+ programme, AMSED is pleased to welcome you to our seminar dedicated to youth participation. During this seminar, you will meet many people from all walks of life and diverse cultures from the Euromed (Euro-Mediterranean region). You will be able to discuss, debate and share ideas on youth participation, a key issue for strengthening public life and ensuring that young people's voices are heard in public policy. Through a range of non-formal education activities, you will develop a variety of professional and personal skills that you can then apply and adapt to your local context. We look forward to seeing you there, motivated and ready to share your ideas and best practices and to interact with everyone on these topics.

This information pack contains everything you need to prepare for the seminar.

We look forward to seeing you in Nabeul for this seminar!

The Director of AMSED

Djilali KABECHE



Please read the following document carefully and contact us if you have any questions:

[seminaires.amsed@gmail.com](mailto:seminaires.amsed@gmail.com)

[nadege.amsed@gmail.com](mailto:nadege.amsed@gmail.com)

[contact@amsed.fr](mailto:contact@amsed.fr)

**Please sign and return this infopack to us before 10 April 2026.**

**Before purchasing your travel tickets, please confirm your travel option with us.**

You have until **20 April** to send us your transport proposal.

If you have any questions, please do not hesitate to contact:  
[nadege.amsed@gmail.com](mailto:nadege.amsed@gmail.com) or [seminaires.amsed@gmail.com](mailto:seminaires.amsed@gmail.com)

In case of emergency during the seminar or on the way there or back, please contact Djilali KABECHE on his mobile phone +33 (0)6 61 34 26 03 (on-call number and in case of emergency) or by email at [contact@amsed.fr](mailto:contact@amsed.fr).

# Youth Participation

Youth participation is a key priority for the European Union, recognised as an essential tool for strengthening public life, social cohesion and inclusion. Through its policies and programmes, in particular the EU Youth Strategy and Erasmus+, the European Union encourages young people to become actively involved in public life, to make their voices heard and to contribute to decisions that affect them. Promoting youth participation means supporting the emergence of active, responsible and supportive citizens who are able to take part in social, economic and political change at local, national and European level.

## The project

The project responds to an observation: on the one hand, there is a lack of information, awareness and training for young people regarding mechanisms for participating in public and civic life, and on the other hand, there is a need to strengthen spaces and projects that enable young people to engage in decision-making processes at different levels (local, national and European).

The seminar is part of a broader framework in which youth participation is considered a key factor in strengthening public life, social cohesion and inclusion. In line with the European Union's Youth Strategy and the objectives of Erasmus+, this project explores the links between young people's civic engagement, participation tools (including digital ones), and their ability to influence public policies that affect them.

The main objective of this project is to strengthen the key and transversal skills (knowledge, attitudes and know-how) of more than 40 young people, youth workers/actors, NEETs and people from disadvantaged groups by raising their awareness of key issues such as civic participation. This project also aims to increase their employability, while training them to become agents of change in their respective communities.






## Profile of participants

As part of this seminar, we are looking for participants:












- Youth actors over 18 years old;
- Involved at local level or wishing to get involved;
- Interested in the topic of youth participation in public life and having project ideas;
- Wishing to be actively involved in all stages of the project (upstream, during, dissemination);
- Newcomers in Erasmus+ programmes;
- Motivated to work on developing their personal and professional skills;
- Willing to disseminate the new knowledge, skills and ideas discussed during the seminar;
- Ready to work in an intercultural environment.

# Specific objectives

The seminar is structured around the following objectives:

-  **Support the identification and understanding** of decision-making mechanisms and participation in public life, as well as the various forms of youth participation in public life.
-  **Equip youth stakeholders to promote young people's access to reliable information and strengthen their trust** in the EU and their active public participation from local to European level.
-  **Equip participants with skills** (aptitudes, attitudes, knowledge) to promote their engagement and participation and to design and implement innovative forms and methods tailored to the needs, motivations and realities of young people.
-  **Encourage the exchange of experiences, best practices and synergies** between participants and cross-sectoral actors to multiply inclusive solutions promoting the public participation of young people, especially those with fewer opportunities.
-  **Promote European programmes**, in particular Erasmus+, by highlighting their opportunities for mobility, funding and learning in the field of citizenship and active youth participation, and by enabling participants to prepare and get involved in the creation of transnational projects and recommendations
-  **Get involved in sharing and disseminating** results at local, regional, national, European and international levels

## Interaction and methods used

-  Non-formal education
-  Ice-breaker activities and language unblocking workshops
-  Presentation of participants (and their sending organization)
-  Intercultural evening
-  Interactive workshops on issues related to public participation and its various forms
-  Round tables, conferences, focus groups
-  Visits and immersion in local communities
-  Meetings with local personalities, sharing and working on best practices
-  Presentation of Erasmus+ funding program
-  Development of new projects and partnerships
-  Workshops for sharing best practices in youth participation in public life, based on participants' local or national experiences

The seminar will be held in English and French. **You must be fluent in at least one of the two languages.**

# Organisers

The seminar is organised by **AMSED: Association Migration, Solidarité et Echanges pour le Développement** (Migration, Solidarity and Exchanges for the Development Association). This Strasbourg-based NGO fights for socio-educational and professional inclusion through a number of key initiatives. To facilitate the socio-professional integration of its beneficiaries, AMSED offers a full range of support services: job sponsorship, public writer, support in the use of digital tools and French as a foreign language course. In addition, to encourage young people's participation in civic and public life, especially those with fewer opportunities, AMSED offers a wide range of online and offline citizenship activities throughout the year, including street events, awareness-raising on elections, international exchanges and volunteering, and training seminars such as this one. Find out more on our international informal network activities website: <https://network.amsed.fr/en/>.



The informal network of AMSED is an independent organisation, neither political nor religious. We organise intercultural exchanges for young people and youth workers through volunteering and capacity-building training for youth workers and member organisations and partners of the network, as well as local socio-cultural workshops.

We combat racism and xenophobia in the Euro-Mediterranean region by promoting and raising awareness of differences and diversity among young Europeans and Mediterraneans through debates and exchanges on controversial topics such as immigration and minorities, cultural diversity and inclusion, the exercise of citizenship and voting rights for foreigners.





We create opportunities for intercultural exchange between young Europeans and Mediterranean people by jointly organising activities that encourage the discovery of other cultures and sensibilities.

AMSED is organising this seminar in partnership with **AVEC: Association de volontariat, échange culturel et action des jeunes** (Association for voluntary work, cultural exchange and youth action). AVEC is a Tunisian association based near Nabeul in Béni Khir. It is a non-governmental cultural organisation that aims to promote intercultural dialogue, education for civic engagement and social inclusion by encouraging cultural exchanges and voluntary work. AVEC organises national and international cultural events and youth exchanges, sends and receives young volunteers for voluntary projects and organises study and training days on priority youth issues.















# Pedagogical preparation

Each participant, in collaboration with other participants from their sending organization, must:

-  **Be prepared to present your sending organisation** (avoid PowerPoint presentations) by discussing its themes, objectives, activities and future plans (remember to bring brochures for the organisation fair)
-  **Be prepared to present a best practice** concerning youth participation in your country (see appendix).
-  **Prepare short street interviews** on the topic in your country and interview local people in the local language, with English subtitles and European Union logos (see appendix).
-  After the seminar, each participant must **disseminate the results of the project** at local, regional, national, European and international level, both online and offline.

# Logistical preparation and community rules

Participants are asked to:

-  Sign this infopack (with date) and return it to [seminaires.amsed@gmail.com](mailto:seminaires.amsed@gmail.com) ;
-  **Send travel information before arrival in Tunisia:** a copy of all transport costs (plane, train, bus, etc.) to and from Tunisia and the invoice; **the transport proposal must be sent to AMSED before 20 April;**
-  Complete and return the application form on time;
-  Participate in the **information webinar** (dates to be confirmed);
-  **Be punctual** for all seminar activities;
-  Leave your mobile phone switched off during sessions;
-  Contribute to the smooth running of the sessions by arriving in the work rooms on time and taking an active part in the activities and workshops;
-  Facilitate the work of the logistics team: volunteer to ensure the cleanliness of accommodation, work and catering areas; respect the sorting of garbage cans; respect basic rules of cleanliness and community life;
-  **Respect the instructions given by the accommodation, leave your room clean and tidy on departure and do not break anything**  
**PLEASE NOTE:** Any additional cleaning charges or deposits collected will be payable by the occupants of the accommodation concerned (in the form of a deduction from the ticket refund);
-  Support AMSED in the event of a major problem;
-  Respect cultural diversity and work in two languages;
-  Be respectful of the teaching team, logistics team and other participants at all times.



**PLEASE NOTE:** no comments or behaviour of a sexist, racist, validist, ageist, LGBT-phobic or otherwise offensive nature will be tolerated. We can't guarantee a discrimination-free space, but we ask everyone to be open-minded, to accept criticism and to learn from others and from their mistakes in order to provide the most inclusive environment possible.

## Dates and travel

The seminar will take place from June 18 to 27, 2026.

Participants will arrive at the 'Les Pyramides' Hotel in Nabeul on Thursday 18 June 2026 in the afternoon, from 4pm and ideally before 8pm (start of the welcome evening). Accommodation will not be available before 4pm but if you absolutely must arrive earlier, please contact us.

Departure is on the morning of Saturday 27 June 2026: accommodation must be vacated (tidied and cleaned) by 10am.

Please keep us informed of your arrival and departure times as soon as possible!

## Se rendre à l'hébergement

As far as possible, give preference to green transport when choosing your transport for this seminar.

Although there are 3 airports from which you can fly into Tunisia: Enfida-Hammamet (NBE), Monastir (MIR) and Tunis Carthage (TUN), we recommend that you arrive at Tunis Carthage (TUN) airport. It's the easiest to get to and has the best transport links.

1

When you leave the airport, take a taxi to the "Bab Alioua" bus station in Tunis. Please note that the last bus from Tunis to Nabeul leaves at 7 p.m.

≈ 6 €

2

From there, you can take the bus from Tunis to Nabeul. The journey takes around 1 hour.

≈ 2 €

3

When you get off the bus in Nabeul, you can walk to the hotel.

Les Pyramides Hotel  
Avenue Habib Bourguiba, 8000 Nabeul, Tunisie

If many participants arrive at Tunis airport at the same time or if participants arrive late, collective transport may be considered.

Prices for collective transfers:

- Small car (maximum 3 seats): €35 (115 dinars)
- Minibus (maximum 8 seats): €55 (180 dinars) - payable directly to the driver

## Reimbursement

- To obtain reimbursement of **travel expenses, transport tickets must be validated by AMSED before** purchase. Please send your transport proposals to [seminaires.amsed@gmail.com](mailto:seminaires.amsed@gmail.com).

When you arrive in Nabeul, **keep your original tickets and boarding pass!** Otherwise you will not be entitled to a reimbursement.

AMSED will collect the original travel documents during the seminar. You will need to provide:

- Invoices for all transport costs: bus, plane, tram, train, etc.
- Original transport tickets: tram tickets, train tickets, paper or electronic Boarding Pass

When you return from the seminar, send the original tickets and boarding pass to [nadege.amsed@gmail.com](mailto:nadege.amsed@gmail.com). If you have paper tickets or boarding passes, please send them by post to AMSED:

Espace Nord-Sud - 17 rue de Boston  
67000 Strasbourg  
FRANCE

Without proof, AMSED will not be able to reimburse your transport tickets.



Please note that some electronic Boarding Passes are no longer accessible after the flight, so **be sure to take a photo, printout or screenshot of the Boarding Pass as soon as possible.**

**Transport costs will be reimbursed within 6 months after receiving all the necessary receipts and documents** (and bank details).

### Amount of reimbursement:

European rules relating to travel expenses vary according to a scale of kilometres between the place of departure and the place of arrival. That's why it's **essential to keep all the receipts between your place of departure and Nabeul**. It is possible that the amount of the fixed price will vary if you don't have all the receipts!

For example, for a maximum package of €275 granted:

**Transport costs over  
275 €**

AMSED will reimburse €275 and **you will be responsible for the difference in costs.**  
For example, if your transport costs amount to €300: €275 paid by AMSED and €25 paid by you.

**Transport costs under  
275 €**

AMSED will reimburse you **up to the justified amount.** For example, if your transport costs amount to €250.67, AMSED will reimburse you €250.67.

Official reimbursement schedule:

10-99 kms		100-499 kms		500-1999 kms		2000-2999 kms		3000-3999 kms	
	Green transport		Green transport		Green transport		Green transport		Green transport
28€	56€	211€	285€	309€	417€	395€	535€	580€	785€

Green transport (eco-friendly means of transport) refers to journeys that use low-emission means of transport for most of the journey, such as buses, trains, bicycles or carpooling.

To calculate your distance, you can visit the European Commission's website designed for this purpose:

**Erasmus+ Distance Calculator**

● **Visa fees** will be reimbursed, provided that you bring the following:

- A copy of the visa in the passport
- The copy of the stamp in the passport (if applicable)
- The visa receipt (invoice on which the participant's name must be indicated)

Insurance or travel costs related to visas will not be covered.



Please note the following points:

- **If the participant does not attend the seminar or does not take part in all the activities, the tickets will not be reimbursed:** remember to take out cancellation insurance;
- Be reasonable: select the cheapest tickets possible (no first class, etc.).

The following will not be reimbursed:

- Passport renewal fees;
- Insurance costs;
- Fees for flight changes or missed flights;
- Expenses outside the project dates;
- The price difference between the authorised amount and the price of your ticket;
- Excess luggage charges;
- Taxi costs;
- Local transport costs in Tunisia.

**Only return tickets to Nabeul will be reimbursed. Any cost in excess of the maximum authorised will not be reimbursed!**

## Accommodation

The seminar will take place at the Les Pyramides hotel.

Adresse :

Avenue Habib Bourguiba, 8000 Nabeul, Tunisie

[Google Maps link](#) 



*photos from the Tunisie Booking website*

You will be accommodated in single-sex rooms for three people. To see pictures of possible rooms, please visit Google Maps and follow this [link](#).

All participants will be asked to leave their accommodation tidy and clean, with all equipment in good condition. This includes bedrooms and common areas: kitchen, toilets, showers, etc.



Do not forget to bring:

- Your own toiletries (towels, shower gel and shampoo, toothbrush, toothpaste, etc.)
- A swimsuit
- Earplugs if you're a light sleeper
- Sunscreen
- Your passport and proof of health insurance
- Games for the evenings
- Culinary specialties from your region for coffee breaks
- Brochures for the organisation fair
- Culinary and cultural specialities from your country/region for the intercultural evening (songs, dances, music, food, drinks, etc.)

# Programme

The seminar will last 10 days: 8 full days of activity plus the day of arrival and departure.

Each day, activities will last from 9am to 7.15pm. The day will be divided into 4 working sessions of 1h30 each, with two 20-minute coffee breaks and a 2-hour lunch break. There will be an afternoon “free time” during the seminar. Some evenings will be an integral part of the seminar and are therefore compulsory, such as the intercultural evening, the organisation fair evening and the photo safari feedback evening. You will be given details of these later. The other evening sessions are not compulsory.

Make sure you are fully involved in the activities proposed as part of the seminar and volunteer for them. Your participation and motivation are essential to the success of the seminar.

## Santé et alimentation

Please note: **you must have health insurance!** If you are European, don't forget your European Health Insurance Card (to be ordered in advance from your local health insurance office). Otherwise, consider getting your own insurance.

If you have any **health problems** (allergies, food intolerances or any other medical condition), please let us know. We guarantee the respect and anonymity of this information and it is necessary for us to receive it in order to better organise your stay.

Please note: if you need to take **medication**, remember to bring enough for the entire duration of the seminar or a refill prescription. If you are travelling by plane, remember to bring the prescription to justify the possession of medication at customs. AMSED cannot be held responsible for any problems with the supply of medicines. If necessary, please contact us.

**Meals** will be prepared in advance by the logistics team. It is therefore very important to let us know in advance if you have any special dietary requirements: please make sure you fill in the application form and contact us by e-mail if necessary.

All meals will be shared, from the first dinner on the evening of 18 June to the last breakfast on the morning of 27 June. To liven up our coffee breaks, each participant is invited to bring a speciality from his or her region to share with the other participants.

## Respect of the environment

All participants are asked to respect the accommodation, the equipment provided and the environment. They should use water and electricity sensibly, not leave rubbish behind and sort it properly.

In addition, for everyone's health and well-being, smoking and vaping (electronic cigarettes) are strictly forbidden inside the accommodation and activity rooms, as well as in outdoor areas where people can relax or where there are large numbers of people. Smoking may only take place during breaks and outdoors.

# Contact

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+33 (0)7.57.57.80.95

Djilali KABECHE, Director of AMSED (on-call number and in case of emergency):  
contact@amsed.fr  
+33 (0)6.61.34.26.03

Rachid JANNEN, Director of the Tunisian partner association AVEC:  
rachid.jannen@gmail.com  
+216 20 202 720

## Formulaire d'inscription

Don't forget to fill in the seminar registration form using the link below or by scanning the QR code

**before April 10:**

[Registration form](#)



## Signature

I have read and understood this infopack and I accept the conditions.

First name and SURNAME:

Signed on (date):

Applicant's signature preceded by the mention "read and approved":

